



# The Update

FEBRUARY 2012

## The Golf Shop

250.468.7666

teetimes@fairwinds.ca

### Special Winter Golf Rates

18 Holes \$28

9 Holes \$21

10 Game Winter Pack \$249

Unlimited Winter Pass \$299 (valid until March 30, 2012)

*Fairwinds is currently a 9 hole course due to the installation of the new irrigation system. HST not included.*

### Winter Golf and Dine

9 Holes and a \$10 food voucher \$29

9 holes, \$10 food voucher, and a shared power cart \$39

Only valid for tee times between 12:30pm - 2:30pm on Tuesdays and Thursdays to Sundays. HST not included.

### Vancouver Island Golf Trail Cards

The 2012 Golf Trail Cards are now available for \$399, while quantities last. Pick up a card and receive 11 rounds of golf - one round at each of Vancouver Island's top courses.

### A Sweetheart of a Deal

On Tuesday, February 14<sup>th</sup>, two play for the price of one (9 or 18 holes). Subject to availability and weather.

### Irrigation Project

The irrigation project is still moving ahead, even with the snow and heavy rains delaying recent progress. Crews have managed to complete the installation of the irrigation lines and wire on the 15<sup>th</sup> and 16<sup>th</sup> tees, and are now installing all of the heads. For updates on the installation of the new irrigation system, visit our blog at <http://fairwindsgolf.wordpress.com/>.

### Golf Vancouver Island Calendars

Make a donation and pick up a 2012 Golf Vancouver Island calendar at the Golf Shop. All proceeds will go towards the Nanoose Community Cupboard Food Bank.

### Golf Shop Specials

Receive 10% off all grips

The Back Shop rack is 75% off the original ticketed price

Sales end on February 29, 2012.

### Golf by Donation

The Rotary Club of Lantzville raised over \$1,500 plus five bags of groceries from the Golf By Donation event on Boxing Day and New Year's Day. The five bags of groceries and a cheque for \$770 was delivered to Nanoose Community Services. The remaining \$770.75 will be donated to a deserving cause determined by the Rotary members.

## Clubhouse Restaurant

250.468.9915

### Afternoon Tea - Thursdays from 2pm - 4pm

Enjoy an afternoon of tea and snacks including a variety of petite sandwiches, freshly baked scones, and an assortment of sweets. Choose from a selection of Founders Series loose leaf teas and specialty coffees.

### Asian Infusion - Friday, February 3<sup>rd</sup>

Come out for an Asian smorgasbord, featuring Szechwan chicken, ginger beef, panko prawns, BBQ spareribs, and other Asian classics. \$21.95 per person.

### Pub Night - Saturday, February 4<sup>th</sup> and 18<sup>th</sup>

Join us for \$5 drink specials, \$5 appetizers, and \$10 dinner features. February 18<sup>th</sup> is a music trivia night.

### Valentine's Weekend

#### ♥ Pasta Night - Friday, February 10<sup>th</sup>

Choose your toppings and have your dinner created right before your eyes. \$21.95 per person.

#### ♥ Three Course Dinner - Saturday, February 11<sup>th</sup>

Enjoy your choice of one appetizer, entrée, and dessert for \$29.95 per person. Menus available on our website.

#### ♥ Sunday Brunch Buffet - Sunday, February 12<sup>th</sup>

Start your day with a delicious brunch buffet for \$15.00 person.

♥ Attend two or more of the Valentine's weekend events for a chance to win two rounds of golf with a power cart.

### Prime Rib Night

Friday, February 17<sup>th</sup>

Satisfy your appetite with a delectable three course prime rib dinner, including a crisp salad, followed by prime rib, personally carved before your eyes, your choice of potato, and a mouth-watering dessert. \$24.95 per person.

### International Night: Mexico - Friday, February 24<sup>th</sup>

Snack on salsa and chips before you treat yourself to a full fajita and taco bar with Baja beef, Texas chili chicken, Picante prawns, chipotle tequila ribs, chicken mole with fresh salads, and save room for our tasty desserts. \$21.95 per person.

### Tapas Night - Saturday, February 25<sup>th</sup>

Enjoy a variety of inspired handcrafted tapas from our talented culinary team. Appetizers range from \$5-\$8. Choose any four for only \$20. Pair with two 4oz glasses of the feature wine for \$30.

Reservations are recommended, please call 250.468.9915 to reserve your table.

## Fairwinds Centre 250.468.5303

### HOURS OF OPERATION

<b>Monday - Wednesday</b>	7:30 am - 9:00 pm
<b>Thursday &amp; Friday</b>	7:30 am - 8:00 pm
<b>Saturday &amp; Sunday</b>	9:00 am - 5:00 pm
<b>Holidays</b>	9:00 am - 5:00 pm

## New Programs for 2012:

### GolfFit

Fairwinds' Golf Professional Brett Standerwick will be teaching GolfFit, a strength and conditioning circuit class focused on golf specific muscles and movements. It will also include some golf instruction utilizing video swing-analysis and an indoor hitting area. The one hour class will be on Tuesdays and Thursdays at 11am, starting on February 7<sup>th</sup>. Classes are free for anyone who holds both a 2012 Fairwinds Golf Club membership or Annual Pass and a Fairwinds Centre membership.

10 punch card (Centre or Golf Club members) \$60

10 punch card (non-members) \$99

Drop in (Centre or Golf Club members) \$8

Drop in for non-members \$12

### Spinning Classes - Coming soon!

Spinning has been around for over 15 years, and is one of the best cardio workouts. If you are interested in burning calories, improving your fitness and having fun, then spinning is for you. It is an amazing, low-impact workout that appeals to individuals of all fitness levels as you can cycle at your own pace. Come join the revolution and spin at Fairwinds Centre. Classes are scheduled to begin March 5<sup>th</sup> on Mondays, Wednesdays, and Fridays from 9:45 - 10:45am.

### Nuvia Fitness

Have you made a commitment to working out more frequently and getting in shape? Fairwinds Centre has a fitness program that can help you reach your personal fitness and health goals. Sign up for any length of membership and receive a complimentary Nuvia Fitness Assessment (a \$99 value). Nuvia Fitness training programs are tailored to your individual fitness goals. For more information, contact the front desk.

### Step Aerobics

This high-energy class gives you a non-stop cardio workout on the step. Martha will motivate you until your heart rate is pumping. This class is free for members. Non-members can drop in for a fee.



www.facebook.com/fairwindscommunity



@fairwindsresort

## Development 250.468.7061

### Bonnington Ridge Lots

Four lots are remaining in Bonnington Ridge. Nestled on a quiet cul-de-sac off Bonnington Drive, the lots are within walking distance to Fairwinds Centre. For more information visit the Fairwinds Information Centre or contact:

Colette Maeers  
Remax First Realty  
# 21— 826 West Island Hwy  
Parksville, BC V9P 2B7  
250.248.1071 or 1.888.243.1071

### Rockcliffe Park

The luxurious Rockcliffe Park offers signature patio homes that blend timeless elegance with the best in modern finishing, quality and detail - all located in the heart of Fairwinds. Visit the show home for more information on current properties for sale. Call Neil at 250.667.1348 or visit [www.rockcliffeparkatfairwinds.ca](http://www.rockcliffeparkatfairwinds.ca).

### Neighbourhood Plans

We would like to thank everyone who attended the community reception on Thursday, January 19<sup>th</sup>, despite the winter weather. For more information regarding the next steps we are taking with the Regional District of Nanaimo for both Schooner Cove and the Lakes District, please visit [www.schoonercovelakesdistrict.ca](http://www.schoonercovelakesdistrict.ca).

## Schooner Cove Marina 250.468.7691

### Safety Reminder

We have been very lucky this year and enjoyed some unseasonably mild weather; however, with the recent cold spell and snow, I would like to take this opportunity to remind everyone about the safety concerns for both people and boats.

Winter storms can put extra strains on our equipment and dock lines, and the possibility of snow and ice can add weight topside which can cause the collapse of Bimini tops and tarps. Constant attention is required to ensure that unnecessary damage is prevented.

Even more important is our personal safety; docks and boat decks can become extremely slippery during the winter months. Ending up in the water is the last place a person wants to be.

When the weather is bad, I encourage you to check with the Marina office staff before inspecting your boat, and whenever possible to please carry out these checks in pairs. Please be sure to identify the nearest escape ladder so that if something happens you can limit your time in the water.

- Greg Dunn, Marina Manager